




Home Made Food of Patagonia

 Our commitment goes beyond the experience you are about to enjoy.

Your visit contributes to the care of the land, animal welfare, and the regeneration of Patagonia's grasslands.

Our Estancia Laguna Sofia has demonstrated the results required to confirm **land regeneration** and has met the standards and protocols of Ecological Outcome Verification (EOV), Savory Institute 2026.

Estancia Laguna Sofia and Pingo Salvaje Tourism hold International Sustainability Certification

After enjoying a horseback ride through the stunning landscapes surrounding Laguna Sofia, we offer a lunch menu featuring some of the most iconic dishes from Magellanic cuisine: simple and hearty, with a unique touch and the authentic flavor of the countryside — all proudly prepared for you.

The lamb comes from our own estancia. It is young, which makes it more flavorful and lean. It is vaccine-free and naturally raised on the open pampas, making it an organic product.

Minimum of 2 people.

1.-Patagonian Home-Made Food (CC) USD 57 per person

- **Vegetable Charquicán, Guanaco stew, Baked Lamb with natural potatoes.**
- Salad.
- Sopaipillas and homemade bread and Chilean condiment.
- One glass of wine.
- Dessert.
- Tea or Coffee.

2.- Child´s Menu (up to 12 years old) USD 23 per person

- Chicken with rice or sauteed potatoes.
- Salad.
- Sopaipillas and homemade bread and Chilean condiment.
- One glass of beverage.
- Dessert.

Notes

- The water comes from a waterfall, allowing for the generation of hydroelectric power. Connectivity is limited, with internet and phone signal only available in the reception area and depending on the weather.

- Pingo Salvaje is part of Estancia Laguna Sofia, dedicated to sustainable livestock farming. Through responsible livestock management, soils are regenerated, carbon is captured, and ecosystem degradation is prevented. No chemicals are used, allowing for the conservation of native flora and fauna.

- The operation is based on holistic planning and has sustainability certification, aligned with global sustainable development goals.

